

Apples and Honey will never go out of style

*Curated collection of education and programing ideas
from the NCSY website and the wider world for our NCSY family*

What's the big deal with apples and honey anyway? Wrong. Apples and honey are a big deal. Crisp and refreshing paired with sweet and sticky creates the timeless power couple that continues to stand the test of time. They've become the symbolic duo for the Jewish New year and the perfect ambassador to Rosh Hashanah. So all aboard the apple and honey train and buckle up for a sweet ride into the Jewish new year.

Something Old

*Pulled directly from the NCSY Education Site which is full of relevant and teen friendly programs. Check out the entire Rosh Hashanah collection here:
<https://staff.ncsy.org/education/collections/SGdiy8bPiG/collection/>*

This session dives into the deeper symbolism of apples on Rosh Hashanah.
<https://staff.ncsy.org/education/material/tRz1tDdJX6/dip-the-apple-in-the-honey:-a-new-perspective-on-an-old-custom/>

Does what we do matter? Discuss the ability to change God's decree in this session.
<https://staff.ncsy.org/education/material/0c21emfce3/changing-gods-decree/>

Brief thoughts on Rosh Hashanah that fit in your pocket. Print them out and make centerpieces to spark conversation at the table.
<https://staff.ncsy.org/education/material/1YU35UtLVf/rosh-hashana-pocket-torah/>

Not apples and honey but equally symbolic— the shofar. Use this list of 10 things to consider during the deepening sound of the shofar blasts.
<https://staff.ncsy.org/education/material/rwC9kfTqkl/shofar-thoughts-10-ideas-to-consider-during-shofar-blowing/>

This session focuses on the power of the shofar and its role over Rosh Hashanah.
<https://staff.ncsy.org/education/material/nRnfNz4vDt/will-the-real-rosh-hashana-please-stand-up/>

7 Minutes of Inspiration from Rabbi Lashak to help prepare you for the High Holiday season.
<https://staff.ncsy.org/education/material/c7Lt2k1u4K/the-advantage-of-preparing-for-the-yamim-noraim/>

Growth starts here: <https://staff.ncsy.org/education/>

Something New

A helpful Torah discovery beyond the NCSY Education site.

If you don't know about it already the Morasha Syllabus is an amazing resource organized topically. This specific session explores the relationship between different Rosh Hashanah experiences, such as apples and honey, and the deeper significance behind them.

<http://morashasyllabus.com/class/Rosh%20Hashana%20III.pdf>

Something Jew

Just a couple of things that caught my eye that can help you keep current and trendy.

The timing of the Jewish new year and autumn makes **apple picking** the perfect activity. What has become a trendy seasonal pilgrimage to support local farms is now a fun and hands on way to prepare for Rosh Hashanah.

What is sweet, sticky, and delicious is also packaged in really beautiful and unique ways. Short round glass jars, plastic straws, and variety packs are just some of the many different ways to package **honey**. Not only will honey pair deliciously well with your hand picked apples, it will make pretty table centerpieces and gifts. Not only does Savannah Bee Company rep my home state, they have an entire collection devoted to Rosh Hashanah.

<https://savannahbee.com/rosh-hashanah/>

Groceries aisles full of produce can intimidate even the most seasoned cook. With so many different types of apples, it can be hard to know which will bake to golden perfection or caramelize best. Bring your homemade apple dishes from zero to hero using the **6 best apples to use for baking guide** from Bon Appetit magazine.

<https://www.bonappetit.com/test-kitchen/cooking-tips/article/the-3-best-apples-to-use-for-baking>

Feeling picky? Email your top picks to szegedia@ncsy.org.

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